



Kids Can Cook 2 !

at
John McMillan Preschool



. This class welcomes new students and those that joined us the last session to join in on the fun. In this class children will get to eat delicious food that they make themselves and learn in the process.

Cooking develops science, math, language, and reading readiness skills:

- Cooking inspires children’s curiosity, thinking, and problem solving, offering new opportunities to make predictions and observations
- Basic chemistry as children discover how certain ingredients combine, react, and change as they cook
- Math skills such as counting, measuring, patterning, simple fractions, and one-to-one correspondence
- Discussing what children see, taste, and feel increases their vocabulary
- Reading through a recipe helps children learn how to follow words from left to right, sequencing skills and distinguishing numbers from letters
- Fine-motor skills and eye-hand coordination are enhanced when little fingers tear, stir, and pour
- Children learn about food groups, nutrition and where food comes from
- Children develop teamwork and cooperation as they follow multiple directions with their partner chefs

Children must be 3 1/2 by September 30, 2021 to enroll.

*This class is not recommended for children with food allergies.

Thursday Afternoons from 11:45-2:00 pm*

March 17 – April 28th, 2022

***Please send your child with a nut free lunch**

(No class April 14th)

Child’s name _____ Date of birth _____

E-mail address _____

Kids Can Cook 2	Thursday PM Classes	6 sessions	March 17—April 28th, 2022	\$125
			(no class April 14 th)	

Space is limited. Please return bottom half of this form with your payment (check or cash):

_____ Full Payment: \$125

_____ 2 Payments: \$62.50 due at time of registration and \$62.50 due by April 7th



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