



Kids Can Cook!

at
John McMillan Preschool



In this class children will get to eat delicious food that they make themselves and --

Cooking develops science, math, language, and reading readiness skills:

- Cooking inspires children’s curiosity, thinking, and problem solving, offering new opportunities to make predictions and observations
- Basic chemistry as children discover how certain ingredients combine, react, and change as they cook
- Math skills such as counting, measuring, patterning, simple fractions, and one-to-one correspondence
- Discussing what children see, taste, and feel increases their vocabulary
- Reading through a recipe helps children learn how to follow words from left to right, sequencing skills and distinguishing numbers from letters
- Fine-motor skills and eye-hand coordination are enhanced when little fingers tear, stir, and pour
- Children learn about food groups, nutrition and where food comes from
- Children develop teamwork and cooperation as they follow multiple directions with their partner chefs

Children must be 4 by September 30, 2021 to enroll.
***This class is not recommended for children with food allergies.**

Thursday Afternoons from 11:45-2:00 pm*

January 20 – Feb. 24, 2022

****Please send a nut free lunch with your child***

Child’s name _____ Date of birth _____

E-mail address _____

Kids Can Cook Thursday PM Classes 6 sessions January 20– Feb. 24, 2022 \$125

Space is limited. Please return bottom half of this form with your payment (check or cash):

_____ Full Payment: \$125

_____ 2 Payments: \$62.50 due at time of registration and \$62.50 due by February 10th



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