



Music & Motion

at
John McMillan Preschool



Music and motion ignite all areas of child development: intellectual, social and emotional, motor, language, and overall literacy. Music and movement help the body and the mind work together. In fact, studies show that children who are actively involved in music and movement are better able to focus and control their bodies.

Exposing children to music strengthens listening skills and speech development. It also helps strengthen memory skills. Moving to music helps children build motor skills while allowing them to practice self-expression.

And, besides all of the above, music brings us joy! Hearing a familiar song, singing and dancing – that's joy!

Each week children will:

- play with musical instruments
- participate in singing games and yoga, creative dance, stretching, etc.
- learn while using small equipment (parachute, bean bags, hula hoops, scarves, rhythm sticks)
- develop listening skills as they hear different types of music

Children must be 3½ by September 30, 2019 to enroll.

Thursday Afternoons from 11:45-2:15pm*

***Includes 1 hour for lunch and play with friends**

September 26 – November 7, 2019

***No class Thursday, October 31 - Halloween**

Child's name _____ Date of birth _____

E-mail address _____

Music & Motion Thursday PM Classes 6 sessions September 26 – November 7 \$120

Space is limited. Please return bottom half of this form with your payment (check or cash):

_____ **Full Payment: \$120**

_____ **2 Payments: \$60 due at time of registration and \$60 due by October 10th**

*If your child is not registered at John McMillan Preschool, please complete a registration packet in the office.



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