



Kids Can Cook!

at
John McMillan Preschool



In this class children will get to eat delicious food that they make themselves and --

Cooking develops science, math, language, and reading readiness skills:

- Cooking inspires children’s curiosity, thinking, and problem solving, offering new opportunities to make predictions and observations
- Basic chemistry as children discover how certain ingredients combine, react, and change as they cook
- Math skills such as counting, measuring, patterning, simple fractions, and one-to-one correspondence
- Discussing what children see, taste, and feel increases their vocabulary
- Reading through a recipe helps children learn how to follow words from left to right, sequencing skills and distinguishing numbers from letters
- Fine-motor skills and eye-hand coordination are enhanced when little fingers tear, stir, and pour
- Children learn about food groups, nutrition, healthy foods and where food comes from
- Children develop teamwork and cooperation as they follow multiple directions with their partner chefs

Children must be 4 by September 30, 2018 to enroll.

***This class is not recommended for children with food allergies.**

Monday Afternoons from 11:45-2:15pm*

***Includes 1 hour for lunch and play with friends**

January 14 – March 18, 2019

***No class Monday, January 21 & February 18**

Child’s name _____ Date of birth _____

E-mail address _____

Kids Can Cook – Part 2 Monday PM Classes 8 sessions January 14 – March 18 \$160

Space is limited. Please return bottom half of this form with your payment (check or cash):

_____ **Full Payment: \$160**

_____ **2 Payments: \$80 due at time of registration and \$80 due by February 11th**

*If your child is not registered at John McMillan Preschool, please complete a registration packet in the office.



John McMillan Preschool
875 Clifton Road
Bethel Park, PA 15102
412-833-4704
lori@johnmcmillanpc.org